

From F.O.M.O. to Feast

I. Food, Love and Overcoming through OVERFLOW MISSING OUT or the CONTINUAL FEAST

Prov 15:15 All the days of the **afflicted** are **evil**,
but the **cheerful of heart** has a **continual feast**.

16 **Better** is a little with the **fear of the Lord**
than great treasure and trouble with it.

17 **Better** is a **dinner** of herbs **where love is**
than a fattened ox and hatred with it.

Eating is basic to thriving!

We Bond to Whoever Feeds Us

Babies to Moms Employees to Employer

Genesis 3 — fed on a lie; FOMO robbed them of Eden

Our Challenge: ***Find the FEAST. OVERFLOW***

Mt 6:33 But seek first the kingdom of God and his **righteousness**,
and ALL THESE THINGS will be added to you. **[slide 1]**

Righteousness – Focus is not on the RULES but on the
RELATIONSHIP. A loyalty to the standard.

Kingdom – The realm of a king. King of Righteousness; Peace

B. Our Feast Where Love Is

John 6:11 Jesus then took the loaves, and when he had given
thanks, he distributed them to those who were seated. So also
the fish, **as much as they wanted**.

John 6:55 For my flesh is **true food**, and my blood is **true drink**. 56
Whoever feeds on my flesh **and drinks** my blood **abides in me**,
and I in him. 58 ...Whoever feeds on this bread **will live**
forever."

C. Nothing is Lacking

Psa. 23:1 The LORD is my shepherd; I shall not want. **slide 2**
NIV11 **I lack nothing!!**

TO BE IN THE PRESENCE of YHWH is
relational (MY)
royal (shepherd)
profuse; lavish; bountiful

We Bond to Whoever Feeds Us

Babies to Moms Employees to Employer

Don't be robbed!

Genesis 3 — fed on a lie; FOMO

Ps 23:2 green pastures still water FULLNESS **slide 3**

3 restores (shub) my soul CHANGES OUR SOUL

 leads me in paths of righteousness (for his name's sake)

4 walking through the valley of the shadow of death **slide 4**

 no fear of EVIL (lack, loss of existence and goodness)

YOU are WITH ME (Immanuel) PRESENCE

 Rod

 Staff

5 YHWH prepares the **table** (The King is now the servant)

 in the presence of your enemies (**Love your enemy!**)

 anointed FAVOR BEAUTY HEALING

 overflowing FULLNESS

6 Nothing but goodness and mercy (loyal love) **slide 5**

II. Abundant Life - the GOOD Zone

A. Perception of Love – Development of Joy

1. Robbed by the Lie - Restored by Love FEAST

1 Jn 3.1 - SEE WHAT KIND OF LOVE

slide 6

**HESED — AGAPE
ATTACHED to YOU!**

You are “my people,” “my children,” “my son, my daughter.”

I will **never leave** you nor **forsake** you. He says:

I will **NOT ABANDON** you!

slide 7

This is his **face!**

slide 8

Ps 16:11 In HIS PRESENCE (FACE) is PURE LOVE

< PURE GOODNESS < PURE LIGHT < ABSOLUTE JOY

His HESED (loyal love) never ceases FULLNESS

Humans are **hard-wired for UNCONDITIONAL LOVE
(imago Dei)**

a. first thing baby recognizes is the **FACE**

b. scanning for **ACCEPTANCE** (smile)

- perceived electro-magnetically & chemically

field or zone of joy!

- perceived visually by **smile**

- **UNCONDITIONAL LOVE (welcome)**

“I’m glad you are here. We are together”

Child learns to perceive the FACE of God in mom’s face

Chemical response develops **JOY CENTER**

JOY is the FOUNDATION for RECEIVING LOVE

We **ATTACH** to **JOY** - TRANSFORMATION

BECOMING HUMAN is **learning to return to Joy**

We become what we love and

slide 9

who we love shapes what we become - St Clare

Ps 27:8 **You have said**, “**Seek my face.**” **My heart says** to you, “**Your face, Lord, do I seek.**”

Ps 34:8 Oh, taste and see that the Lord is good!

Blessed is the man who takes refuge in him!

B. Our Free Response - Return to the State of Joy

Ps 34:1 I will bless the Lord at **all times**;

his **praise** shall **continually** be in my mouth.

2 My **soul makes its boast** in the Lord;
let the humble hear and be glad.

3 **Oh, magnify the Lord *with me*,** **slide 10**
and let us exalt his name *together!*

4 I sought the Lord, and he answered me
and delivered me from all my fears.

5 Those who **look to him are radiant**,
and their faces shall never be ashamed.

6 This poor man cried, and the Lord heard him
and saved him out of all his troubles.

7 The angel of the Lord encamps
around those who fear him, and delivers them.

8 Oh, **taste and see** that the Lord is **good!**
Blessed is the man who takes refuge in him!

9 Oh, fear the Lord, you his saints,
for those who fear him ***have no lack!***

10 The young lions suffer want and hunger;
but those who seek the Lord ***lack no good thing.***

LIVE IN HIS STEADFAST LOVE! CONTINUAL FEAST

TOO MUCH TO EAT – LOVE YOUR ENEMY

Rooted & Grounded in Love

Eph 3.14 For this reason I bow my knees before the **Father**,
15 from whom **every family** in heaven and on earth is
named, 16 that according to the **riches of his glory** he may
grant you to be **strengthened with power** through his Spirit
in your **inner [human] being**, 17 so that Christ may dwell
in your hearts **through faith**—that **you, being rooted and
grounded in love**, 18 may have **strength to comprehend**
with all the saints what is the **breadth** and **length** and
height and **depth**, 19 and to **know the love** of Christ that
surpasses knowledge, that you may be **filled with all the
fullness** of God.

rooted and grounded in love — connected

20 Now to him who is **able to do far more abundantly than
all that we ask or think**, according to the power at work
within us, 21 to him be glory in the church and in Christ
Jesus throughout all generations, forever and ever. Amen.

**The INFINITE ABUNDANCE locked up in Creation is waiting
for the glorious liberty of the Children of God.**

ASSIGNMENT – Love your enemy!

Racism will be replaced by Righteousness

Anger replaced with CHESED