

How to be the World's Greatest Lover

10 Expressions of a Prosperous Soul

I. Transformed to Conform

A. God is Good. His Goodness is **INHERENT** or **EXPRESSED** in ALL CREATION. Especially the Human!

Romans 8:28 And we know that God causes all things to work together for good to those who love God, to those who are called according to His purpose. *NASB*

29 For whom He **foreknew**, He also **predestined** to be **conformed** to the image of His Son, that He might be the firstborn among many brethren. *NKJV*

συμμορφος- to share the same form

B. In order to CONFORM, we must TRANSFORM

Matt 17:2 ESV And he was **transfigured** before them, and his face shone like the sun, and his clothes became white as light.

μεταμορφω - to change form

Rom 12:2 ESV Do not be conformed to this world, but be **transformed** by the **renewal of your mind**, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

2 Cor 3:18 ESV And we all, with unveiled face, **beholding the glory** of the Lord, are being **transformed** into the same image from one degree of glory to another. For this comes from the Lord who is the Spirit.

2 Mechanisms of Transformation:

1. **Renewing our mind** – Returning to a fresh, superior way of thinking. Meditation and Application.

2. **Beholding (reflecting) the glory of the Lord** – As in a mirror, being changed by the process. We behold His reflection all around us. The Creation reveals the Great Artist. We are the shining objects who SHINE with HIS LIGHT! (the most accurate mirror!)

B. Foundations of the Mind of Christ

1. God is Good. Everything He made is Good
2. God is Unlimited. He allows us to access this through trust.

[Matt 17:20 ESV](#) He said to them, "... For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move, and **nothing will be impossible for you.**"

3. The Victory of the Cross was TOTAL! He offers this to us.
The slain Lamb is upon the THRONE of the History
4. Every Life is significant. The value determined by the price paid.

II. Ten Ways to Love (Slides for Each Point)

A. The Great Commandment

1. **Celebration** (of God, of Others)

Flows out of Gratitude. Practicing appreciation.

5 minutes of appreciation can shift your nervous system to a calm state. Moving into resonance (parasympathetic dominance - heart, breathing, blood pressure, brain rhythm, electrical potential of skin all flowing together).

15 minutes of appreciation for 30 days. 100% increase in DHEA, 30% reduction in cortisol.

2. **Service** "You gotta serve somebody" Changes the world.
Help somebody else change. Children or Adults.

Volunteers! Choosing to help. Planting someone else's garden!

3. **Forgiveness** is love that shows up only after we have suffered harm. Frees us from bitterness. Power. Joy. A gift that goes both ways. Restores faith in the goodness of life. Alleviates depression. Replaces pain with peace.

4. **Courage & Confrontation** – Love that brings change. Joan of Arc. Abraham Lincoln. Martin Luther King.

Each of these was killed for confronting deeply embedded harms in their own time.

5. **Humor** – Lighten up! Rejoice! Love & Hilarity go together. God loves the cheerful giver! Humor is a form of PLAY, a Shabbat from SERIOUSNESS!

Exuberant play is how animals and humans bond!

When animals quit playing, there is no joy and no bond.

Laughter increases catecholamines and endorphins and decreases cortisol. It releases dopamine.

Laughter is contagious!

Laughter is spiritual! We laugh to help not to hurt.

Appreciate Absurdity! Children do!

Out of my mind. Back in 5 minutes

Give me ambiguity or give me something else!

6. **Respect** – to look again. To value. To honor.

The basis of manners, which is the teaching of ethics. Which is worship in the practical "love my neighbor" realm.

7. **Compassion** – to hurt with. This is the image of God. This is the basis of our salvation.

Exod 34:6 NIV And he passed in front of Moses, proclaiming, “The LORD, the LORD, the **compassionate** and **gracious** God, **slow to anger, abounding in love** and **faithfulness**,

8. **Loyalty** – Love through time. One of the possible translations of *chesed* is “loyal love.” He keeps covenant and shows mercy.

9. **Listening** – The practical expression of Presence. Reduces the pain of isolation. The future of the world may depend on listening.

We were created with a longing for belonging, an urge to merge. It’s the image of the Trinity.

Mother Teresa – Loneliness is the most terrible poverty.
Just listen.

10. **Creativity** – “In the beginning God created...” The prime expression of God. Only humans are truly creative.

100 million species of life. -70°C to 700°F

350,000 species of beetles

All amazingly balanced. The waste of one is the life of the other! CO₂ and O₂ dance back and forth between animal and plants

The everywhere-ness of life!

100 billion neurons firing away in your little 3 pound brain.

Creativity goes with joy, vitality, and flexibility.

Musicians, Painters, Dancers, Storytellers, Jesters, Imaginaries and Visionaries, Builders, Cooks, Entrepreneurs, Pioneers, Inventors, Athletes and on it goes.

- Solve problems

- Build theories
 - Create works
 - Develop systems (performing arts, computer systems)
 - Change agents (making the world a better place)
- Buckminster Fuller Thomas Edison

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B. The Great Commission

Do It!

4 Domains

Family Friends Community Humanity

Prayer for **release of expressed love and prosperity of soul**
times 40!