

Intro Paul Martini

Night of Prayer (Building an Altar)

From Overload to Overflow

2019! The Kingdom is Coming - Righteousness, PEACE and Joy in the Holy Spirit!

The arrival, appearance, emergence, dawn, birth, rise, 2nd coming

[John 3:17](#) For God did **not send his Son** into the world **to condemn the world**, but in order **that the world might be saved through him**.

I. RESCUED FROM FUTILITY — Busy, busy busy!

Feel overstressed, overworked and overloaded?

Knowledge Work and Knowledge Economy.

With the shift to a knowledge economy, the nature of work has changed. When you don't have your work clearly defined, there can **never be any finish point**. Any work whose focus consists of **generating ideas, communicating, and leading** (which includes your personal life and family) is knowledge work, by definition, it must be primarily self-directed.

In knowledge work, **ambiguity** becomes a villain because it ends up **frustrating** us, making life **harder**, and **sometimes defeating** us.

The **rise of knowledge work** has happened over the **last sixty or so years**. Yet an even **greater revolution** occurred over the past **20 years** or so: the **rise of mass connectivity**. Distance is no longer the barrier it once was.

Prior to the internet relationships were for the most part local and regional. Only a handful of people comprised your entire business network.

Today, our networks run into the hundreds and thousands, and we can connect with people all over the world through email, Linked In, Facebook, Twitter, and more.

Now you can **work anywhere any time**. Work can find you!

Technology not only increased our **daily load of information**, it has astronomically increased the **rate of change**.

Increased Knowledge is Increased Sorrow - OVERLOAD

Massive overload.

1900 human knowledge doubled approximately 100 years.

By the end of World War II 25 years.

2013 - 13 months Key developments —> every 12 hours?

In **2008**, the web contained **one trillion** pages.

By **2013** the quantity of information on the internet began **doubling** every **72 hours!**

In **2010**, **95 trillion** emails were sent, which averages to about **153 emails per user per day**.

2013 - 92 million tweets are posted per day and 2.5 billion photos are uploaded to Facebook every day.

Simply overwhelming! [SLIDE 1]

II. Finding Our FREEDOM from Overload

A. Evaluate our Lifestyle

Eph. 5:15 **Look carefully**¹ then how you walk, not as unwise but as **wise**,

Why center our lives around anything less significant than the most important PERSON in the universe?

1. **Look** - Pursue a life that is **examined with diligence and attention to details**. [SLIDE 2]
2. As WISE - having SKILL – become the BEST.

¹accurately, diligently, in both detail and completeness. **The top!**

Eph. 5:16 making the **best use of the time**², because **the days are evil**.

3. Make **Best and full use** of every opportunity (buy back). These are “inferior, diseased and harmful” days. [**SLIDE 3**]

Stewards Opportunities. Telephone & Western Union

[“This ‘telephone’ has too many shortcomings to be seriously considered as a means of communication. The device is inherently of no value to us.”]

Eph. 5:17 Therefore do not be foolish³, but **understand⁴ what the will of the Lord is**.

4. Use REASON and REFLECTION in practical things.

5. Gain **insight** into **how to express the Lord’s will in our lives**.

III. Life of OVERFLOW

A. WE were re-Created to have and fruitful, overflowing life.

All that STRESS and OVERLOAD? It came to steal your life from you.

John 10:9 I am the door. If anyone enters by me, he will be **saved** and will **go in** and **out** and find pasture.

10a The thief comes **only** to steal and kill and destroy. [**SLIDE 4**]

10b I came that they may **have life** and **have it abundantly**.

B. Divine Direction into Health and Abundance

² Lit “buy out the time” Take full advantage of every opportunity.

³ not employing one’s understanding, particularly in practical matters. Inconsiderate, without reflection

⁴ to employ one’s capacity for understanding and thus to arrive at insight.

Prov. 3:5 Trust in the LORD with **all your heart**, and do not lean (*entirely*) on **your own understanding**. **6** In **all your ways** acknowledge him, and he will **make straight your paths**. **DIVINE SEQUENCE OF OPPORTUNITIES**

7 Be not wise in your own eyes; **fear the LORD**, and **turn away** from evil. **8** It will be **healing** to your flesh and **refreshment** to your bones.

C. The Overflow Life [slide 5]

Psalm 1:1 (Happy) Blessed is the man who
walks not in the counsel⁵ of the wicked, (rasha)
nor stands⁶ in the way⁷ of sinners, (chatta)
nor sits⁸ in the seat⁹ of scoffers; (letzim)

2 but his **delight** is in the **law of the LORD**, and on **his law** he meditates day and night.

3 He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

III. DELIGHT IN THE LAW - *of love*

A. The King's Only Joyful Commandment

John 15:12 "This is **my commandment**, that you **love one another** as I have loved you. [slide 6]

⁵ etza - a wink (for direction), counsel, rebellion

⁶ amad - a position, station, stand

⁷ derek - way, manner, work, path

⁸ yashab - sit, remain, dwell (as in sitting in the door of a tent)

⁹ moshav - dwelling, assembly

11 These things I have spoken to you, **that my joy may be in you, and that your joy may be full.**

B. The Practical Power of Love

Matt. 7:12 “So whatever you wish that others would **do to you, do also to them**, for **this is the Law and the Prophets.**

The cure for the curse of overload and frustration is **a life full of love** that is **zealous for good works.**

Matt. 5:16 In the same way, **let your light shine** before others, so **that they may see your good works** and **give glory to your Father who is in heaven.** [slide 7]

This is not to **make** God love us. It is **FROM the love** that he freely gives us that **we find the energy of grace** that so abundantly works through us.

B. Delight in the Law of Love

Love is the Center of the New Creation

The Source of Love is ATTENTION and WONDER to the GOSPEL.... The indescribably GIFT... WE GAZE UPON the BEAUTY of the Lord. In the Word... In Prayer... In everyday life. Human beings. Family. Sky and water, fields and forests.

Don't get stuck in the OVERLOAD! [Worship Team]

1 John 3:1 See (**Behold**) what **kind** of love the Father has given to us, that we should be called children of God; and so we are. The reason why the world does not know us is that it did not know him. [slide 8]

2 Beloved, we are God's children **now**, and what we will be has not yet appeared; but we know that when he appears

we shall be like him, because we shall see him as he is.
[slide 9]

III. COMMUNION WITH LOVE - [distribute]

So we come to the **table of the Lord** and take time to behold the shocking and amazing species of love that the Father lavishes on us. This love transforms us, as we receive it we are born again, recreated in Christ.

As we continue to receive it, we are beholding the glory of God in the face of Christ. Gazing upon this love in wonder not only fills us with humility, awe (fear of the Lord - beholding the image in every human being) and gratitude, but totally energized us to be a people who are zealous for good works, not considering our own good, but the good of others.

This gift of the Father in his Son.

Jesus, the Lamb of God who takes away the sins of the world.
Jesus who was sent by the Father not to condemn the world, but to save the world.

And so we bring all our fractured living, all our disappointments, rejections, all our offenses, hurt feelings, frustrations and judgment to this One who is Love Incarnate. We bring our broken hearts, our broken bones, our frustrations and our diseases to Jesus

In COMMUNION, all our divisions are healed. In communion we are One in Him and thereby One with Each Other.

1Cor. 11:23 For I received from the Lord what I also delivered to you, that the Lord Jesus on the night when he was

betrayed took bread, 24 and when he had given thanks, he broke it, and said, “**This is my body**, which is for you. Do this in remembrance of me.” 25 In the same way also he took the cup, after supper, saying, “**This cup is the new covenant in my blood.** Mk 14.24 And he said to them, “This is my blood of the covenant, which is poured out for many. [slide 10]

Do this, as often as you drink it, in remembrance of me.”(so **that you never forget**) 26 For as often as you eat this bread and drink the cup, you proclaim the Lord’s death until he comes.

Participation in the Divine Nature

*Delivered from the corruption of this age, into
the OVERFLOW of LOVE*

He's given us everything we need for life and godliness!